LE TOINY
ST BARTH

Spa Menu



YOUR TAILORED WELLNESS
SANCTUARY IN ST. BARTH

Daily from 9:00 am to 7:00 pm

MASSAGE RITUALS

SELF-CONFIDENCE MASSAGE

60 min | 180€ • 90 min | 260€ • 120 min | 310€

A cocooning ritual of slow, enveloping movements and light, reassuring pressure, inspired by the gentlest relaxing massage techniques. It invites the body to let go and the mind to settle, leaving the skin velvety and a lasting sense of comfort and inner calm.
Suitable for expectant mothers from the fourth month.

MUSCULAR MASSAGE

60 min | 190€ • 90 min | 270€ • 120 min | 320€

A tonic, sporty massage inspired by deep-tissue and Swedish techniques. Firm kneading and energetic, rhythmic movements, always adjusted to your comfort, work deep into the muscles to loosen knots and areas of tightness. A ritual that leaves a feeling of lightness, freedom of movement and renewed energy.

DETOX MASSAGE

60 min | 180€ • 90 min | 260€ • 120 min | 310€

A slow, feather-light massage performed on the surface of the skin with our Craquant elixir. Gentle, rhythmic and enveloping strokes invite the body to release heaviness, for a feeling of lightness, freshness and renewed vitality. Particularly appreciated after a long flight or when legs feel heavy.

STRESS RESET MASSAGE

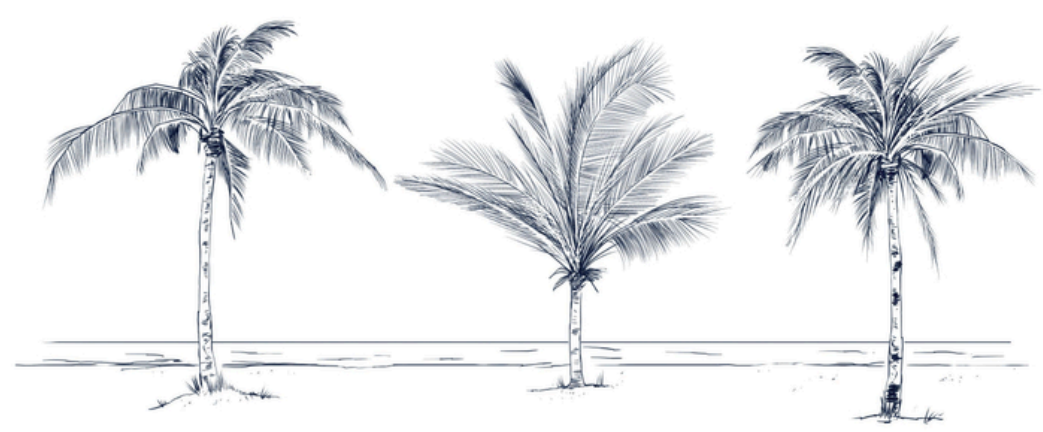
60 min | 180€ • 90 min | 260€ • 120 min | 310€

Inspired by Indian, Thai and Chinese traditions, this ritual blends fluid, flowing movements with focused work on the scalp, neck and back. Each gesture follows the rhythm of your breath, inviting slower, deeper breathing and a quieter mind. The ideal pause when thoughts run fast and the body holds on to tension, leaving a lasting sense of clarity and calm.

FOOT REFLEXOLOGY

60 min | 170€ • 90 min | 250€

Inspired by a centuries-old tradition that sees the feet as a mirror of the whole body. Precise, rhythmic pressures on the reflex zones of the feet, combined with soothing massage movements, invite a deep relaxation that radiates through the entire body. A grounding ritual, on its own or as a complement to a massage, that leaves you light, calm and centered.



SUR-MESURE

SOUL OF HARMONY WITH CAROLINE ENERGETIC TREATMENT

90 min | 280€ • 120 min | 330€

After a gentle consultation, each session is shaped around your body, your breath and your energy of the moment, blending intuitive massage, energy work and, when it feels right, Reiki. An inner journey that reconnects body, mind and breath, leaving a profound sense of release, clarity and peace.

HARMONY EXPERIENCE • MASSAGE & FACIAL

90 min | 290€ • 120 min | 340€

A complete ritual for body and face. After a short consultation, your therapist tailors a massage to your needs of the day, then completes it with a refreshing facial cleanse and a revitalizing mask, leaving the skin fresh and luminous. The ideal choice when you wish to enjoy both, in one seamless moment.

REIKI SESSION

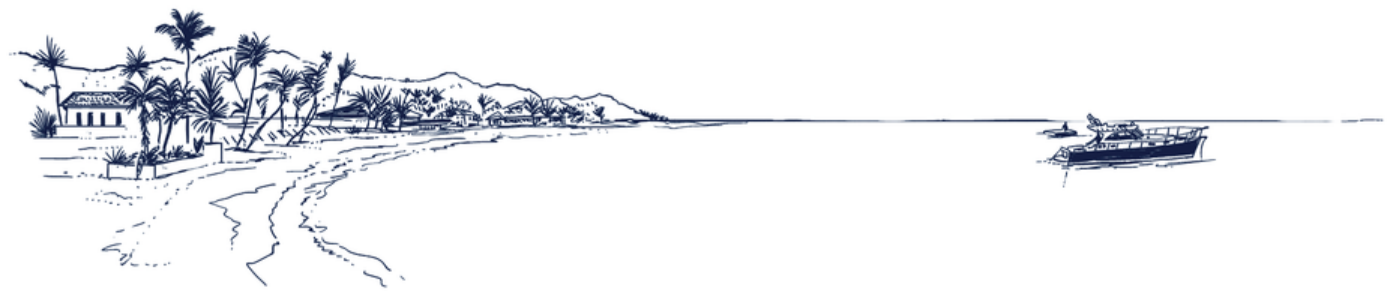
60 min | 160€

Originating in Japan, Reiki is a gentle practice of light touch, the hands resting on or just above the body. In stillness and silence, it invites a profound state of relaxation and a feeling of inner balance and serenity. A non-invasive, deeply calming experience for body and mind.

LE TOINY SIGNATURE MASSAGE, BODY SCRUB & SOLAR OIL

90 min | 290€ • 120 min | 340€

Le Toiny's signature ritual, created to capture the essence of St. Barth.
A tropical body scrub awakens and smooths the skin, followed by a massage tailored to your needs for complete relaxation of body and mind.
You leave with your own 30 ml Solar Elixir SPF 30+, to carry the ritual beyond the spa.
Ideal at the start of your stay.



BODY AND FACE TREATMENTS

FACIAL TREATMENT

60 min | 230€ • 90 min | 335€

A facial ritual where skincare meets deep relaxation. Gentle steam opens the ritual, followed by an exfoliation and a mask chosen for your skin, while sculpting massage movements release the tension held in the features. A palm reflexology completes the experience, leaving the skin fresh and luminous, the face rested and the mind at ease.

SWEETNESS OF THE ISLANDS • BODY SCRUB

75 min | 210€

A tropical body scrub inspired by the island. Delicate exfoliating grains polish the skin, followed by a refreshing rinse and a generous application of nourishing oil. The skin is left soft, smooth and luminous: the perfect preparation before enjoying the sun, or a beautiful way to enhance your glow.

HANDS AND FEET TREATMENTS

PRECIOUS NAIL TREATMENTS

hands | 80€ • feet | 90€

Our Precious treatment for hands or feet combines cleansing, exfoliation with a Sense scrub, cuticle care, and nail shaping, all completed with a delicate massage. A ritual designed not only for beauty, but also for well-being and self-care.

NAIL POLISH

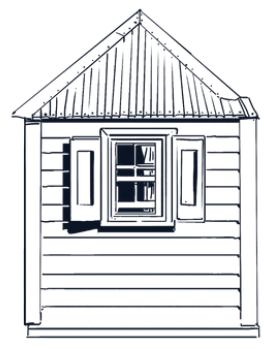
Regular | 40€ • Permanent polish | 60€

After your hand or foot treatment, you can choose your favorite color from our selection of permanent or regular nail polish (gel polish upon request).

PERMANENT POLISH REMOVAL

30 min | 30€

Leave your nails naturally beautiful by removing your nail polish.



ENHANCE YOUR MASSAGE

30€ each

- Scalp Oil Ritual, nourishing oil with a soothing scalp massage
- Face Mask, revitalizing mask applied during your treatment, leaving your skin fresh and glowing

SENSE

SENSE IS MORE THAN A BRAND.
IT IS A PATH,
A JOURNEY BACK TO YOURSELF.

SOLAR OIL SPF 30+

30 ml | 39€ • 120 ml | 72€

Imagined in St. Barth and handmade in France, our solar elixirs pair SPF 30 UVA & UVB protection with the care of precious plant oils: sesame, raspberry seed and carrot, enriched with vitamin E.
Their new-generation, non-nano UV filters were chosen with the island's ocean in mind.
Three signature scents: Jasmine & Coconut, Verbena & Saku, Frangipani & Vanilla.
The skin is left nourished, satin-smooth and delicately scented.



Craquant

30 ml | 33€ • 125 ml | 59€

Our green elixir for lightness and vitality, and the signature oil of our Detox Massage. Light and fast-absorbing, it soothes and comforts the skin after sun exposure and insect bites. Massage it into the legs whenever they feel heavy, for an instant feeling of freshness. The essential companion of your days in the sun.



Cocoon

30 ml | 33€ • 125 ml | 59€

Our rose elixir for deep nourishment and comfort. A true multi-use oil: on the body, it leaves the skin soft, supple and delicately scented; on the face, it gently removes make-up while nourishing the skin. Use it after the shower, as your evening cleanser, or during your massage.



Conscience

30 ml | 33€ • 125 ml | 59€

Our elixir for balance and calm. Its soothing blend of natural ingredients invites you to slow down and let go of the day's tensions. Massage it into the shoulders and the nape of the neck, add a few drops to a warm bath, or use it during your massage to fully unwind.



harmony

ADDITIONAL INFORMATION

THE BESPOKE SUITE EXPERIENCE

By the pool, with the sound of the waves, or inside your villa, accompanied by soft music, your therapist creates an intimate haven of well-being. To fully enjoy your treatment, we kindly ask you to be ready 15 minutes before your appointment.

BOOKING AND CANCELLATION POLICY

Your concierge would be delighted to assist you with your booking. Should you wish to reschedule or cancel, we kindly request 24 hours' notice (48 hours during the festive season, from November to February). Cancellations made after the applicable notice period will be charged in full.

EXTRA HOURS

From 8:00 pm: +50% of the treatment price
From 9:00 pm: +100% of the treatment price

Book here

Our treatments are wellness experiences and are not a substitute for medical care.
Please inform your therapist of any health condition, pregnancy or allergy before your treatment.